

General Information



Name : **DR. SORAISAM RANJIT SINGH**
Father Name : S. Shamungou Singh
Mother Name : S. Memcha Devi
Date of Birth : 1st Dec 1964
Sex : Male
Marital Status : Married
Address : Mongshangei Mamang Leikai, Near T.S. Paul Manipur
Women College, P.O Canchipur, P.S Singjamei Imphal
West-795003, Manipur
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Takyel, Imphal-795001
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1. HIGHEST QUALIFICATIONS:

Qualification	University	Awarded Year	Feild
Ph.D	Amravati University	1995	Physical Education

2. TEACHING EXPERIENCE:

Name of the Employer	Post Held	Last basic pay drawn with pay scale	Period		Nature of Assignment
			From	To	
1. Govt. of Manipur Higher Education	Principal	Official Pay 77400 Level 13-A	2 nd April, 2018	Till Date	Principal
2. Govt. of Manipur Higher Education	Associate Prof.	37400-67000+AGP 9000	25 th Oct,08	31 st Mar, 2018	Teaching
3. –do–	Reader	12000-4200-18300	27 th Dec,06	25 th Oct,08	Teaching
4. –do–	Senior Lecturer	10000-15200	27 th Oct,01	27 th dec,06	Teaching
5. –do–	Lecturer	2200-75-2800-100-4000	27 th Oct,97	27 th Oct,01	Teaching
6. Degree College of Physical Education, Deemed University	Lecturer	2200-75-2800-100-4000	1 st Sept, 89	30 th Sept,95	Teaching

3. TOTAL TEACHING/PROFESSIONAL EXPERIENCE:

	From	To
• Under Graduate :	1989	1995
	1997	2018
• Post Graduate :	2011	2018
• Regular Principal :	2018	Till date
• Professional :	1989	Till date

4. **AREA OF SPECIALIZATION:**

- Physical Education, Health Education and Sports

5. **TOTAL RESEARCH EXPERIENCE:**

RESEARCH GUIDE:
PH. D AWARDED (MANIPUR UNIVERSITY)
UNDER SUPERVISION OF DR. S. RANJIT SINGH

Sl. No.	Name	Topic	Awarded Year	API
1.	Kangjam Inaotombi Devi	Effect of Yogic Exercise Intervention on Physiological Parameters of Women Soccer Players	6 th January, 2022	
2.	Lourembam Ibetombi Devi	Study of the Socio-Economic and Educational Status of Polo and Thang-Ta Players of Manipur	19 th Nov, 2021	
3.	Yumnam Nandini Devi	Crime and Domestic Violence against Women: A Case study of Manipur	22 nd July, 2015	
4.	Laiphrakpam Nirmala Devi	Development of Technical Education in Manipur – An Analysis	29 th Nov, 2014	
5.	Lalnithar Joute	Adult Education Programme in Mizoram with special reference to Continuing Education	3 rd Dec, 2014	
6.	Yengkhom Santoshkumar Singh	Prevention of HIV Transmission from Parents to child at	26 th Augt, 2014	

		Chandel District, Manipur.		
7.	Nongmaithem Sunderlal Singh	Psyco motor- Physiological Fitness and skill Profiles of women's football and Hockey Players of Manipur	27 th Mar, 2014	
8.	Grace Laltlinzo	A Study of HIV Positive Pregnant Women in Churachandpur, Manipur	31 st May 2013	
9.	Khuraijam Sanatombi Devi	Influence of measuring factors upon the reliability of selected physical proficiency test	4 th Dec, 2012	
10.	Langpoklakpam Tamubi Devi	The Yogic Practices and Flexibility of The Players: A Case Study of Manipur.	3 rd Mar, 2009	
11.	Laishram Santosh Singh	Effects of Training Loads on selected physical and Physiological variables of Soccer Players of Manipur.	5 th July, 2008	
12.	Chongtham Pradeep Singh	A Comparative Study of the Motor Fitness of Boxing, Taekwondo and Judo Players of Manipur.	20 th Dec, 2007	
13.	Thingnam Nandalal Singh	Comparison of selected muscular strength, flexibility and body composition	7 th July, 2006	

		of state and national level players of Manipur.		
14.	M. Nabachandra Singh	The Relationship of sports facilities with sports participation and achievement in the colleges of Manipur	7 th Dec, 2004	
15.	Ksh. Birbal Singh	A Study of Gender Difference, Self-concept and motivation among the sportspersons of Manipur	20 th Sept, 2004	

PH.D AWARDED (MANIPUR UNIVERSITY)
UNDER CO-SUPERVISION OF DR. S. RANJIT SINGH

SL. No.	Name	Topic	Year	API
1.	Anita Khangabam	A study on the performance of trained teachers of secondary schools in Imphal east and west districts of Manipur	5 th Dec, 2016	
2.	Khangabam Sulochana Devi	A comparative study on child-care practices of scheduled caste and non-scheduled caste mothers	17 th Dec, 2014	
3.	Nongmaithem Sanjoy Singh	A study of child rearing practices among the Chothe tribes of Manipur	8 th Mar, 2013	
4.	Moirangthem Babita Devi	A Critical Analysis of the Problems of Government Elementary Schools in Greater Imphal area: A Micro Study	26 th Sept, 2013	

5.	Huidrom Sushila Devi	A study of the patterns of growth and development during babyhood (0-2 yrs): A micro study in Thongju Assembly Constituency in Imphal East District, Manipur	2 nd July, 2012	
6.	Ayekpam Ibomcha Meetei	A Study of Early Socialization of the Bru Community of Mizoram	12 th Jan, 2011	
7.	Rajkumar Lokendra Singh	A study on the Attitudes and Problems of the High School Science teachers in the Valley Districts of Manipur	1 st Dec, 2008	

COMPLETED M.PHIL THESIS VINAYAK MISSION UNIVERSITY
UNDER SUPERVISION OF DR. S. RANJIT SINGH

Sl. No.	Name	Topic	Year	API
1.	W. Kenedi Singh	Comparative study of Physical Fitness of Tribal and Non-tribal students of secondary schools in Manipur and Maharashtra states	2009	
2.	L.W. Ananta	Comparative study of health related physical fitness of regular yogic practitioners and regular walking practitioners of Y.P.I.S. Manipur	2009	
3.	Konsam Sarjubala Devi	Comparative study of strength endurance training on selected pattern of movement among Badminton and Table Tennis Players	2009	
4.	Sarangthem Robert	Effect of track Jogging and	2009	

	Singh	treadmill on cardiovascular endurance capacity		
5.	I. Ritumala Devi	A Comparative study of strength endurance training on selected pattern of movement among cricketers and softball players.	2008	
6.	Mutum Apabi Singh	A study of physical Education programme on the higher secondary schools of Manipur.	2008	
7.	Sarangthem Thoithoi Singh	Effects of Training Loads on Selected Physical and Physiological variables of Soccer Players in Imphal West District of Manipur.	2008	

COMPLETED MASTER DEGREE DISSERTATION (MANIPUR UNIVERSITY)
UNDER SUPERVISION OF DR. S. RANJIT SINGH

Sl. No.	Name	Topic	Year	API
1.	NYAPI PADU	Comparative Study of Motor Fitness among female football and hockey players of SAI NERC Imphal	2017	
2.	T. Sitalrani Sharma	Comparison of selected Motor Fitness among the women Handball and Football Players of SAI, NERC, TAKYEL, MANIPUR	2017	
3.	N. Sophiya Devi	A Comparative study of selected Motor fitness and cardio- vascular endurance between the women swimmers and women gymnasts of Manipur	2017	
4.	L. Baby sujata Devi	Comparative study of flexibility and body composition between national level men's fencers and	2017	

		men's Thang-Ta players of Manipur		
5.	N. Sumobala Devi	Comparative study of selected motor fitness between handball and basketball players of Manipur	2016	
6.	Sh. Promshing Monsang	Comparison of selected Anthropometric and fitness variables of badminton and handball players	2016	
7.	Kangjam Inaotombi Devi	Effect of Pranayama Practices on haemoglobin Level and vital capacity	2016	
8.	M. Amarjit Singh	Comparison of physical fitness among the players of two men football clubs.	2016	
9.	RK. Bikomsana Singh	A comparative study of muscular power and cardio-vascular endurance between footballer and hockey player	2016	
10.	M. Chinglemba Meitei	Relationship of selected motor fitness components and anthropometric measurements of softball players	2016	
11.	Joseph Kakki	Comparative study of selected strength and flexibility of weightlifting and boxing players of Manipur	2016	
12.	S. Dayabanta Singh	Comparative study of strength and flexibility variables of YOGA and GYMNASTIC Players.	2016	
13.	Maibam Krishnakumari Devi	Effect of selected yogic practices on flexibility	2015	
14.	Okram Roshini Devi	Relationship between selected Anthropometric variables and skills related physical fitness of the D.M. College of Science Students	2015	

15.	L. Thoimani Devi	Comparative study of anthropometric measurement of women handball, volleyball and basketball players of Manipur	2015	
16.	Tensubam Bishworjit Singh	Comparative between upper body strength and leg strength among softball and baseball player	2015	
17.	Huirem Devkumar Singh	A Comparative study of rope skipping and step-up exercises on cardio respiratory endurance of the handball players.	2015	
18.	Mayanglambam Romen Singh	Comparative of Hand grip strength between hockey and softball players of Manipur	2015	
19.	Leimapokpam Bhabichan Singh	Comparative study of physical fitness of taekwondo and boxing state level players of Manipur	2015	
20.	K. Bedamani Devi	Relationship of speed strength and endurance with special cycling fitness of cyclists.	2017	
21.	N. Rajkumar Singh	Comparison of physical fitness between the physical education students of D.M college of science and Birmangol college of Manipur	2017	
22.	P. Romenchandra Singh	Comparison of flexibility, strength and endurance between the Government and private school's boys of Kakching district, Manipur.	2017	

6. BOOKS PUBLISHED AS SINGLE AUTHOR OR AS EDITOR:

Sl. No.	Title with page No.	Book Title, Editor and publisher	International, National and Local level	ISSN/ ISBN No.	Whether peer reviewed	No of author & date of publication	Whether you are the main author	API Score
1.	Traditional Sports and Martial Arts of North Eastern Tribals of India (133 pages)	Traditional Sports and Martial Arts of North Eastern Tribals of India <i>Authors:</i> Dr. S. Ranjit Singh Dr. N. Sunderlal Singh <i>Publisher:</i> Sara Book Publication	International Level	ISBN: 978 – 1 – 7302 – 270 – 9		2 (two) Date of Publication: September, 2016	Yes	
2	Art of Healthy and Productive Living (126 pages)	Art of Healthy and Productive Living <i>Editor:</i> Dr. S. Ranjit Singh	Local Level	BOSE M		6 (six) Date of Publication: April, 2007	Yes	
3	Physical & Health Education Class – VII	Physicals & Health Education Class-VII	Local	BOSE M		9 (nine) Date of publication: 2012	Yes	
4.	Health, Physical Education and Sports Class – VIII (156 pages)	Health, Physical Education and Sports Class – VIII	Local	BOSE M		10 (ten) Date of publications: 2012	Yes	

7. PAPERS PRESENTED IN CONFERENCES, SEMINARS, WORKSHOPS, SYMPOSIA

Sl. No.	Title of the Paper Presented	Title of Conference	Date of the event	Organised by	Whether International/ National/state/regional/University or college	API
1.	Comparative Study on Involvement of Students in Sports between the Government and Private Schools of	Sustainable India International Conference 2022	13 th Sept, 2022	Sustainable India (An initiative of Sri Aurobindo Yoga & Knowledge Foundation India)	International	

	Manipur					
2.	Comparative Study of Anthropometric Variable between Residential and Non-Residential School Girls	IFPESS	20-22-October , 2012	Department of Physical Education, Panjab University, Chandigarh (India)	International	
3.	Refresher Training Course for in-service Physical Education Teachers	Refresher Training Course	13 th Jan to 1 st Feb 2010	Department of Youth Affairs and Sports, Govt. of Manipur	State	
4.	Psychological & Physiological	20 Days Refresher Training Course for in-service P.E.Ts.	24 th & 25 th Jan. 2008	Youth Affairs & Sports, Govt. of Manipur	State	
5.	Taekwondo Journey to Olympic	One Day Taekwondo Convention	10 th Feb. 2008	All Manipur Taekwondo Assn.	State	
6.	Acting as Resource Person	Developing Question Design, Blue Print and Modern Question for Classes VI-VIII in Health & Physical Education Subject	2 nd Nov. 2007	SCERT, Govt. of Manipur	State	
7.	Better Life Style Through Sports	Academic Staff College, Bangalore University, Bangalore	5 th March to 26 th March 2007	Bangalore University, Bangalore	National	
8.	15 Days Refresher Course for in-service Physical Education Teacher	Refresher Course	31 st May to 14 th June 2006	YAS, Govt. of Manipur	State	
9.	Draft Handbook	A meeting	5 th	SCERT, Govt.	State	

	on Grading System in Schools of Manipur	of the Drafting Committee	Sept. 2006	of Manipur		
10.	Workshop for Development of Question Design, Blue Print & Model question	4-Day Workshop for Development of Question Design, Blue Print & Model Question	25 th April, 2005	SCERT, Govt. of Manipur	State	
11.	Goa Declaration on Physical Education and Sports	Goa National Summit, 2005	17 th & 18 th Nov. 2005	Don Bosco college, Department of Physical Education & Sports Sciences	National	
12.	Preparation of a draft handbook on Grading System	Meeting of the Drafting Committee	13 th Sept. 2005	SCERT, Govt. of Manipur	State	
13.	Drafting Committee on Grading System in Schools	Workshop on Drafting Committee	2 nd Sept. 2005	SCERT, Govt. of Manipur	State	
14.	A meeting of the Textbook Writers for Classes VI to VIII for the subject Physical & Health Education	Meeting of Writers	19 th Dec, 2004	Board of Secondary Edn. Manipur	State	
15.	Preparation and Development of Textbooks for Classes VI to VIII	Ordered by BOSEM	27 th July, 2004	Board of Secondary Education, Manipur	State	
16.	Orientation of Key Persons on AHPL	3-Day Orientation Programme of Resource Persons on Art of	10 th to 12 th May 2004	Board of Secondary Education, Manipur	State	

		Healthy and Productive Living (AHPL)				
17.	A meeting of the State Level Committee on Curriculum and Syllabus and Textbooks (SLCCST) for Classes I-VIII	State Level Meeting	29 th Oct. 2003	SCERT, Manipur	State	
18.	Prepare and Develop textbook manuscripts on the subject area	Order by SCERT	16 th Sept. 2003	SCERT, Manipur	State	
19.	10-Days Workshop on Preparation and Framing of Curriculum and Syllabus for Classes I-VIII	Workshop	21 st July to 2 nd August, 2003	SCERT, Manipur	State	
20.	Meeting of the State Level Curriculum & Syllabus and Textbook Committee	Notice by SCERT	10 th Sept, 2003	SCERT, Manipur	State	
21.	Preparation of Textbook Manuscripts for Classes I & II	AHPL for Class-II (both Man & Eng. Version)	16 th Sept. 2003	SCERT, Manipur	State	
22.	10-Days Workshop on Preparation and Framing of Curriculum and Syllabus for Class I-VIII	Health & Physical Education	7 th July, 2003	SCERT, Manipur	State	
23.	2 Day Workshop on new Curriculum and Syllabus for Classes I-VIII	Workshop	8 th and 9 th Oct. 2003	SCERT, Manipur	State	
24.	Preparation of Textbook manuscripts for	Meeting of textbook writers/mem	6 th Oct. 2003	SCERT, Manipur	State	

	Classes I & II	bers of Task Force				
25.	State Level Committee on Curriculum and Syllabus and Textbooks for Classes I-VIII	Notice by SCRT	4 th Oct. 2003	SCERT, Manipur	State	
26.	Status of Women in Indian Society	Lakshmibai National Institute of Physical Education (Deemed University)	27 th to 28 th October , 2000	Academic Staff College of LNIPE, Gwalior	National	
27.	2 Days State Level Workshop in Physical Education for in service Physical Edn. Teachers	Workshop in Physical Education	22 nd July, 1999	YAS, Govt. of Manipur	State	
28.	2 Days State Level Workshop in Physical Education	One Month orientation Training Course	20 th May 29 th July 1999	YAS, Govt. of Manipur	State	
29.	3 Days Conference of Headmaster/Principal of the High and Higher Secondary School	3 Days Coherence of Headmaster/Principal	24 th to 26 th April 1997	YAS, Govt. of Manipur	State	
30.	First National Conference of NAPES	First National Conference	7-8 Feb, 1992	National Association of Physical Education & Sports, Amravati	National	

7. RESEARCH PAPERS PUBLISHED IN JOURNALS

Sl. No.	Name of Books/Journal	Name of Article	Volume	Date of Issue	Author and Co-Author	ISSN	API
1	National Seminar on New Challenges of Physical Education and Sports Science in the 21 st Century	Effect of Selected Yogic Practice on Flexibility		Oct. 2015	2	ISSN: 2229-7049	
2	National Seminar on New Challenges of Physical Education and Sports Science in the 21 st Century	Comparative Study of Physical Fitness of Taekwondo & Boxing State Level Players of Manipur		Oct. 2015	2	ISSN: 2229-7049	
3	National Seminar on New Challenges of Physical Education and Sports Science in the 21 st Century	Relationship between selected Anthropometric variables and skills related Physical Fitness of the D.M. College of Science Students		Oct. 2015	2	ISSN: 2229-7049	
4	IOSR Journals, International organization of Scientific Research	Comparison of Sports Anxiety in three different Stages between Team	Vol 1, Issue 4	April 2014	1		

		and Individual Players					
5	IOSR Journals, International organization of Scientific Research	Comparative Study of the Sports Achievement Motivation between Male and Female School Basketball Players	Vol. 7, Issue 2,	Jan-Feb. 2013	1		
6	International Journal of Research Padagogy and Technology in Education and Movement Sciences (IJEMS)	Comparative between effect of circuit Training and Plyometric Training on Aerobic Endurance and Anaerobic Power	Vol. 01, Issue 03	March 2013	2	ISSN: 2319-3050	
7	International Research Journal of Sports Glimpses	Comparison of Selected Cardio Respiratory Function between the Inter College and Inter University Players of Manipur University in India	Vol. No. 1	Nov. 2012	2	Regd. N. 902/2012-2013	
8	International Journal of Innovative Research & Development	Traditional Sports and Martial Arts of Meghalaya	Vol. 1 Issue 9	Nov. 2012	2	ISSN: 2278-0211	

9	International Research Journal on Physical Education, Recreation and Sports Sciences	Comparative Study of Psychomotor Physiological Fitness within the Women's Football Players of Manipur State	Vol. 01 No. 01	May, 2012	2	ISSN: 2278-5027	
10	Journal of Health, Physical Education Recreation	Nutritional Status of the Boys and Girls Athletes of National Sports Academy, Manipur	Issue No. 15	April-June 2010	3	Regd. No. MPBILO/058/12/1/2006-TC	
11	Indian Journal of Sports Studies	Anthropometric Characters of the Young Athletes of North-East India	Volume -12, No. 1	June, 2010	2	RNI-No. 11222/Eng/2001	
12	Indian Football.Com Guest Columns	Is today's football violence in the public interest		2006	2		
13	Indian Football.Com Guest Columns	Science and Football		2006	2		
14	Manipur Sports	A New Trend of Physical Education and Sports in India	Vol. II Issue-I	Jan. 2001	1	RNI No. 2000/1618	
15	The Manipur Sports	Computer Application of Physical Education & Sports	Vol. II Issue-II	March & April 2001	1	RNI No. 2000/1618	
16	Manipur Sports	Better Life Style through Sports		2000	1		

8. EXPERIENCES OF MANIPUR UNIVERSITY DUTY ASSIGNMENT SINCE MORE THAN 25 YEARS

Sl. No.	Particulars	API
1.	Member of framing the Question paper for introducing the semester (Master Degree & Graduate)	
2.	Appointed as External Examiner (Master Degree & Graduate)	
3.	Appointed as Internal Examiner (Master Degree & Graduate)	
4.	Appointed as Paper Setter (Master Degree & Graduate)	
5.	Appointed as Examination Inspection Team Leader (Master Degree & Graduate)	

9. Experience as Chief Controller of Examinations of Oriental College (Autonomous) from 2018 till date.

10 EXTRA CO-CURRICULAR ACTIVITIES

Sl. No.	Particulars	Date	API
1.	Completed 28 th Senior Division Pre-commission (NCC Air Wing)	2002	
2.	Acted as a Selection Committee for Amravati University Judo Team	1989 to 1995	
3.	Acted as a Coach cum Manager for Judo Team	1995	
4.	Participated National Integration Camp	1982	
5.	Participated All India Youth “Rally	1985	
6.	Awarded as Winner in the University Inter Collegiate Football Tournament	1984	

11. ADMINISTRATIVE EXPERIENCE FOR 5 YEARS (2018-19 to 2022-2023)

Sl. No.	Particulars (Organised/Supervised/Directed the following events and programmes)	Date of Event
1.	Annual Spring Meet 2018, Oriental College (Autonomous), Takyel, Imphal	28 th April, 2018
2.	One Day Orientation/Induction Programme on the topic of teaching-learning and evaluation systems	21 st May, 2018
3.	Chairman of 4 th Academic Council of Oriental College (Autonomous)	29 th May, 2018
4.	A Tree-plantation Programme organised in connection with the World Environment Day	5 th June, 2018
5.	Release of Curriculum and Syllabus for B.A. & B.Sc. Honours Courses	11 th June, 2018
6.	Organised Special NSS camp	19 th June- 28 th June
7.	International Yoga Day observed	21 st June 2018
8.	4 th Governing Body Meeting held	25 th June 2018
9.	Release of Oriental College Ordinances No. 1 to 30 published in Book form	2 nd July 2018
10.	Organized First Penmanship Contest (institutional level) on the theme 'Handwriting for Excellence' comprising events of (i) Spot Handwriting of 1000 words in English and (ii) Essay Writing on the topic 'Manipur'	8 th August, 2018
11.	Organised a 1-Day Educational and Career Counselling Programme in association with Aptech Learning, Imphal as part of their scheme of "Youth Development Program"	12 th Sept, 2018
12.	Organised 'Swachhta Hi Seva' on Gandhi Jayanti with NSS volunteers, Students' Union and Staff.	2 nd Oct, 2018
13.	Organised a 1-day College Social Service as part of the National Cleanliness Day/Swachhta Bharat Abhiyan	8 th Oct, 2018
14.	Organised State Level Open Written Quiz Competition in collaboration with History Club of the College	24 th Feb, 2019
15.	Organised The 55 th Annual Inter Moral Sports Meet 2018-19	2 nd Mar – 10 th March 2019
16.	Acquired Financial Assistance under 'Star College' Scheme of DBT	5 th March, 2019

17.	Organised A one day Lecture cum Interaction session on Gender Equality: Nature and Issues	6 th April, 2019
18.	Observed World Environment Day on the theme- Air Pollution in the college	5 th June, 2019
19.	International Yoga Day observed	21 st June, 2019
20.	Organised an awareness programme in relation with the International Day Against Drug Abuse and Illicit Trafficking	26 th June, 2019
21.	Organised a 1-Day Faculty Development cum Workshop programme on 'Text and Narrative: Reflections on Quantitative Research Methodology'	28 th June, 2019
22.	Observed Patriots' Day	13 th August, 2019
23.	A One Day Workshop and Training Programme on 'Fostering on Awareness about the Crop Pest and Useful Insects by using Foldscope'	22 nd August, 2019
24.	An Extension / Invited Lecture Programme held with Dr. Chandrasekhar Mohanty, Principal Scientist, National Botanical Research Institute, CSIR, Lucknow.	22 nd August, 2019
25.	A one-day social service camp organised by the Students' Union as part of the Swachh Bharat Abhiyan	8 th Sept, 2019
26.	MoU signed between the Managing Director, Networkmaster Software Solutions Pvt. Ltd. for facilitating intellectual and technological sharing as well as industrial training or internship including placement facility	10 th Sept, 2019
27.	Organized a Co-Curricular Activity Cum Awareness Programme of Swachhata Pakhwada 2019	13 th Sept, 2019
28.	Organised A state level 2-Day Workshop on New Trends in Question Setting and Evaluation	13 th Sept-14 th Sept, 2019
29.	Organised A one day Awareness Cum Activity Programme on 'Ban of Single Use Plastic'	30 th Sept, 2019
30.	Celebrated 150 th Birth Anniversary of Mahatma Gandhi, the Father of the Nation, with the manual themes (i) Jal Shakti Campus & Jal Shakti Gram, (ii) Swachh Campus, and (iii) Tree Plantation	2 nd Oct, 2019
31.	Organised A One Day Workshop Cum Counselling Session on Skill Development Courses	24 th Oct, 2019
32.	Student Progression and Placement Cell (SPC) was formed	30 th Oct, 2019

33.	Organised A State level Faculty Development Programme under Star College Scheme of DBT	29 th Nov, 2019
34.	Organised a one day State level workshop on Digitalised Teaching-Learning in Higher Education Institution under Star College Scheme	30 th Nov, 2019
35.	Form Ek Bharat Sreshtha Bharat (EBSB) Club of Oriental College (Autonomous)	17 th Dec, 2019
36.	5 th Academic Council held	18 th Dec, 2019
37.	Organised an Extension Programme with a lecture on Application of LPP in Vehicle Routine Problem with Mathematics Department	20 th Dec, 2019
38.	EBSB Club of the college organised an awareness programme of Ek Bharat Sreshtha Bharat movement in the country	18 th Jan, 2020
39.	An institutional level Open Essay Writing Competition was organised by the EBSB Club of the college on the topic- "The Land & the People of Madhya Pradesh"	29 th Jan, 2020
40.	National De-Worming Day programme observed	11 th Feb, 2020
41.	Organized an Interdisciplinary Extension Lecture Programme on "VISION... How Science and Technology will revolutionize the 21st Century" with Department of Chemistry	19 th Feb, 2020
42.	An institutional level Open Quiz Competition held in the college organised by the EBSB Club as part of its regular programme	20 th Feb, 2020
43.	Organised A two- day Lecture cum Workshop Programme on Skill Development on the topics (i) Commercial cultivation of Medicinal & Aromatic Plants in Manipur delivered by Dr. Joyrentomba, Project Co-ordinator of MSME Technology Centre, Imphal, (ii) Tissue-Culture Techniques by Dr. Y. Sunitibala Devi, Asso. Prof. G.P. college (iv) Techniques of Mushroom Cultivation by N. Ningthemjao Singh, Dy. Director, Horticulture & Soil Conservation, Govt. of Manipur and (iii) Food processing and Quality Control by H. Simithra Devi, Proprietor, Meira Foods, Imphal.	24 th -25 th Feb, 2020
44.	Organised 56 th Annual Spring Meet	25 th to 28 th Feb, 2020
45.	Organised Extension Lectures for Science Faculty under the Star College Scheme of DBT, New Delhi on the topic- (i) Climate Change with external resource person Dr. T. Brajakumar Singh, Deputy Director, Directorate of Environment and Climate Change, Manipur, and (ii)	6 th -7 th Mar, 2020

	Radiation & its Effect with external resource person Dr. B. Arunkumar Sharma, Medical Physicist, Radiotherapy Department of RIMS, Imphal	
46.	Observed International Yoga Day	21 st June 2020
47.	Organised An online Poster Campaign (for prevention of the onslaught COVID-19 pandemic) Designing Competition	16 th Aug, 2020
48.	Organised a one day College Campus Sanitization and Cleanliness programme with Alumni Association of the college	8 th Sept, 2020
49.	Organised A State Level Workshop Series on Career Opportunities and Guidance with IQAC	9 th Sept, 2020
50.	Organised a one day mega Social Service Camp with Oriental College Teachers' Association, OCSU, NSS Wings and Alumni Association	29 th Nov, 2020
51.	Observed International Anti-Corruption Day and organised an Awareness cum interaction programme on Social Evils of Corruption	9 th Dec, 2020
52.	A state level workshop on NAAC Metrics (Autonomous) was organized by college under the aegis of the Directorate of University & Higher Education, Govt. of Manipur	13 th Dec, 2020
53.	Under initiative of the Coordinator of IQAC, Conducted an Academic Audit (Internal) of the college	22 nd Dec, 2020
54.	A lecture programme on Gender Inequality in Contemporary India was organized the Dept. of Political Science under the initiative of the IQAC	22 nd Jan, 2021
55.	Organised an Induction programme for the 1st Semester students	27 th Jan, 2021
56.	Organised A State level Workshop cum Faculty Development Programme on Intellectual Property Rights (IPR) by the Department of Physics in association with the same Department of S.K. Women College, Nambol.	
57.	6 th Academic Council Meeting held	6 th Feb, 2021
58.	Organised a one day First Aid Training and Dissemination of Youth Red Cross Programme	13 th Feb, 2021
59.	Organised A One day State Level Lecture cum Interaction Programme on "EFFECTIVE COMMUNICATION SKILLS AND PERSONAL BRAND –the Two Basic Building Blocks"	18 th Feb, 2021
60.	Celebrated International Women's Day	8 th March 2021

61.	A one day conference held on the topic “75 Years of India’s Independence: My Vision”	12 th March, 2021
62.	An Open at-Home Essay Competition on the topic “75 Years of India’s Independence” was organised in online mode with the initiative the IQAC.	15 th March, 2021
63.	Organised a Students’ Skill Enhancement Workshop Cum Training Programme on Biofloc Fish Farming Technology in Aquaculture by the IQAC	27 th March, 2021
64.	Organised A one day career counselling programme in association with the IQAC	8 th April, 2021
65.	Organised A one day State Level Workshop of on “New Education Policy (NEP) 2020” by the IQAC under the sponsorship of State Project Directorate, RUSA, Government of Manipur with resource persons including Dr. M. Suresh Singh of G.P. Women’s College, Imphal.	9 th April, 2021
66.	Workshop on NAAC Re-Accreditation organised in collaboration with N.G. College	10 th April, 2021
67.	Discussion cum Awareness Program on Institutional Quality Assurance for NAAC 3rd Cycle held	17 th April, 2021
68.	57 th Annual Sports Meet 2020-21 organised	19 th April, 2021
69.	A Seven Day Online National Workshop on “Manipuri Culture in Global Context” was organized jointly by the College and Manipur Folkloristics (Centre for Studies in Manipur Folklore), Imphal	11 th June, 2021
70.	Teacher Nominated to MOODLE Training Organised by the State	30 th June- 2 nd July, 2021
71.	‘Executive Regulation for Rotation of Headship of Departments’ of the college adopted in the 5th Academic Council	30 th June, 2021
72.	Faculty Training Programme on LMS (MOODLE) held online	12 th July, 2021
73.	Educational Technology Cell Formed	23 rd July, 2021
74.	Swachh Bharat Campaign organised	2 nd Oct, 2021
75.	Ex-Tempore Speech Competition held As part of 75 years of India’s Independence and celebration of Azadi ka Amrit Mahotsav	11 th Oct, 2021
76.	Awareness Programme on Professional Ethics & Code of Conduct held	11 th Oct, 2021
77.	National Seminar on Radiation Safety & Regulatory Aspects held	13 th Nov, 2021

78.	Participated in the 'Go to Village' Programme	15 th Nov, 2021
79.	Induction Programme for Students of Semester-I held	18 th Nov, 2021
80.	NSS Unit- I and Unit –II Combined Special Camp conducted	1 st Dec- 7 th Dec, 2021
81.	Observed International Human Rights Day with Quiz Competition	10 th Dec, 2021
82.	Hands-on training of Teachers on ICT held	18 th Dec, 2021
83.	Observed World AIDS Day	21 st Dec, 2021
84.	Observed National Mathematics Day	22 nd Dec, 2021
85.	Observed National Science Day cum National Seminar on Integrated Approach in Science and Technology for a sustainable Future.	20 th Feb, 2022
86.	World Wild life day celebration cum workshop organised	3 rd March, 2022
87.	Organised a One day Industrial Motivation Campaign for Youth on Medicinal & Aromatic Plants and Prospects of Entrepreneurship- Role of MSME Technology centre, Imphal.	7 th March 2022
88.	Organised the International Women's Day celebration with Mrs. B. Supriya Devi, Advocate and former General Secretary of All Manipur BAR association as resource person.	8 th Mar, 2022
89.	Observed World Water Day 2022	31 st Mar, 2022
90.	Conducted Academic & Administrative Audit (internal) for 2020-21	19 th Apr, 2022
91.	Organised World creativity & Innovation Day with a programme on Awareness cum Demonstration of Food Preparation	21 st Apr, 2022
92.	Conducted a State Level Workshop cum Faculty Development Programme on Code of Ethics in Research Work, Research Publication and Project Implementation	29 April, 2022
93.	Organised a One day Blood donation camp by NSS Units, YRC Unit and IQAC in association with the local Khamnam Leirak Youth Club and the Blood Bank of JN Hospital, Porompat, Imphal East on the theme- "To save life is the greatest service for human kind"	25 th May, 2022
94.	Chairman of 7 th Academic Council Meeting	30 th May, 2022

95.	Celebrate International Yoga Day	21 st June 2022
96.	2-Day State Level Workshop on Promotion of Teachers under CAS based on UGC Guidelines Organised by AMCTA and IQAC, Oriental College	1 st Aug- 2 nd Aug, 2022
97.	Celebrate the 59 th Foundation Day of the College along with Tree Plantation Programme at Langing Hill Area	8 th Aug, 2022
98.	Organised Nasha Mukta Bharat Abhiyan with Sensitization and Pledge Taking Programme	12 th Aug, 2022
99.	Celebrate Patriotic Day in the college and Observe Har Ghar Tiranga and Hosted National Flag at the College Campus	13 th August, 2022
100.	One Day Students Talent Hunt meet (Cultural) organised by Oriental College Extra & Co-curricular Activities Committee	17 th Aug, 2022
101.	First Semester Induction Programme held at College Indoor Hall	22 nd Sept, 2022
102.	Observed 53 rd NSS Day organised by NSS Unit-I and Unit-II, Oriental College	24 th Sept, 2022
103.	Oriental College Student Union's Election 2022-23 held	12 th Oct, 2022
104.	Hosted Manipur University Inter College Men's and Women's Chess Tournament 2022-23	10 th Oct, 2022-13 th Oct, 2022
105.	Celebrate Global Ethics Day with Lecture cum workshop programme on the theme "Ethics Empowered" in connection with the World Ethics Day organised by Dept. of Education	19 th Oct, 2022
106.	Special NSS Camp held on the theme "The Cleanliness in Service" orgd. By NSS Unit-I and II.	8 th Nov, 2022-15 th Nov, 2022
107.	Annual Fresher Social Meet 2022-23 held	19 th Nov, 2022
108.	Observed Constitution Day	26 th Nov, 2022
109.	Organised Career Guidance and Counselling Programme with Helping Hands Career and IT Solution Pvt. Ltd.	26 th Nov, 2022
110.	Organised symposium on International Human Rights Day 2022 on the theme "Dignity, Freedom and Justice for All"	10 th Dec, 2022
111.	Observed National Mathematics Day 2022 organised by Dept. of Mathematics in association with IQAC, Oriental College (Autonomous)	22 nd Dec, 2022
112.	Organised workshop on Differently Abled Students Friendly Value Added Courses organised by Value Added Courses Committee	28 th Jan, 2023
113.	8 th Academic Council Meeting held	30 th Jan, 2023

